



Contributed Photo

Samantha Groome swings towards her target on the rope course at the recent GIRLS Power Camp at Camp Trillium in Waterford. GIRLS stands for growth, independence, respect, self-esteem and leadership.



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GIRLS Power Camp facilitators Melissa Lyne and Abbie Lawrance have some fun on the rope course at the GIRLS Power Camp held recently at Camp Trillium. Lyne and Lawrance were two of the 35 facilitators who took part in the camp. The three-day session includes a variety of activities to help Grade 8 girls build self-esteem and overcome other challenges they may face.



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Karissa VanDendiepstraten navigates her way through the rope course at the 10th annual GIRLS Power Camp recently at Camp Trillium in Waterford. VanDendiepstraten was one of 65 local Grade 8 girls that took part in the three-day camp.